



Crook County School District #1

Wellness Screening:

Hulett

**Hulett School
Multipurpose Room**

**Wednesday, March 16, 2016
6:00am - 10:00am**

Moorcroft

**Moorcroft High School
Library**

**Thursday, March 17, 2016
6:00am - 10:00am**

Sundance

**Sundance High School
Commons Area**

**Fri & Sat, March 18 & 19, 2016
6:00am - 10:00am**

*WHF recommends 12 hours fasting prior to blood draw, unless Diabetic.
Drink plenty of water and take medications as usual.*



HTTP://WHF.TO

800-979-3711

MAIL@WHF.TO

Profile & Product

Screenings Recommended Yearly

•For Women ➤For Men

- ✓ •➤**\$35 Blood Chemistry Profile** Full 32 level screening for bone and electrolyte levels, along with heart and kidney functions and liver and lipid functions with cholesterol, protein, iron, glucose, and thyroid levels (TSH).
Recommend 12 hours fasting, unless Diabetic.
- ✓ •➤**\$15 Hemogram (CBC)** - A Complete blood count of red and white blood cells and platelets. Also screens for Anemia, Leukemia, and other disorders that may affect the cells in your blood.
- ✓ •➤**\$30 PSA for Men** - Screening for Prostate Cancer in men over the age of 50. However, if there is a family history of Prostate Cancer, it is recommended at age 40.
- ✓ •➤**\$35 Vitamin D, 25 Hydroxy** - Provides an assessment of overall Vitamin D status for the screening of deficiency or toxicity. This test measures both D2 and D3 together and reports a total 25-hydroxy Vitamin D. There are several factors associated with an increased risk of developing Vitamin D deficiency.

Hormone, Celiac & Vitamin Screenings

For Women and Men

- ♥ **\$50 Estradiol** - Screening used to evaluate the excess or deficiency of Estradiol hormone levels in both men and women.
- ♥ **\$40 Testosterone** - Screening used to evaluate testosterone hormone level excess or deficiency in both men and women.
- ♥ **\$44 Celiac Screening** - tTG/IGA screening detects antibodies that aid in the diagnosis of gluten-sensitive enteropathy (GSE), such as celiac disease and dermatitis herpetiformis.
- ♥ **\$20 Vitamin B12** - Detects B12 deficient or elevated levels. B12 aids in the health of cells and nerves. *Recommend fasting, unless Diabetic.*

✓ *Covered Screenings/Products*

*All listed pricing applies to this event only. Pricing at other WHF events may vary. All prices are subject to change.

Information

Additional Screenings & Products

For Women and Men

- ✓ **Wellness Portal w/ Health Assessment (HA)** - Engage in your wellness Journey with this interactive HA tool. Discover your health risks and strengths. **\$25** Online, **\$40** paper, and **\$55** assisted options available.
- ♥ **\$25 Flu Vaccine** - Seasonal availability. Recommended by CDC.
- ✓ **\$25 Thyroid Panel T3, T4** - Additional screening that includes three levels for the T3 uptake (THBR), T4 (Thyroxine), and free Thyroxine index/calculation.
- ✓ **\$25 Hemoglobin A1C** - Measures historical blood sugar control for up to three months. This test is recommended twice a year for Diabetics.
- ♥ **\$25 C-Reactive Protein (CRP)** - An inflammatory marker- a substance the body releases in response to inflammation. CRP levels can provide physicians with information on a patient's risk of heart disease. *No Caffeine.*
- ♥ **\$20 Ferritin** - Indicates level of high iron stored and can be useful in screening for Hemochromatosis, Anemia, and some Liver diseases.
- ♥ **\$25 Blood Type** - Determination of ABO blood group and Rh type. Group and typing of expectant mothers and newborns may indicate potential for ABO hemolytic disease of the newborn. RH9(D) typing is used to determine Rh immune globulin candidacy for prenatal and postpartum patients.
- ♥ **\$25 Lead** - Screening to determine level of lead exposure in the body.
- ♥ **\$35 Nicotine** - Measurement of nicotine and its metabolites to monitor success of smoking cessation programs, detect passive exposure, and evaluate non-tobacco nicotine exposure. Nicotine levels greater than 2.0 are indicative of active tobacco use.
- ✓ **\$15 Bone Density** - Screening to determine degree of bone loss and risk of Osteoporosis and Osteopenia.
- ♥ **\$10 Colokit** - Take home kit. Please share results with your physician.

WSBAIT

Your employer is graciously covering the cost of the following program required screenings and products*:

- ✓ CHEMISTRY PROFILE
- ✓ BLOOD PRESSURE

**Please present your WSBAIT ID Card to confirm your eligibility.*

WHF engages individuals and guides them in moving toward better health.

Backed by nearly 30 years of experience, we deliver affordable wellness solutions for the Person, the Company and the Community.



Your Opinion Matters To Us!

SHARE YOURS AT [HTTP://FEEDBACK.WHF.TO](http://feedback.whf.to)

We offer a variety of Wellness services to the Individual, the Community, and the Company. Connect with us today!



Casper - 115 S. Elm Street

Cheyenne - 611 E. Carlson, Suite 112

Laramie - 920 E. Sheridan, Suite A

Torrington - 1933 Main Street, Suite C

Toll Free: 800.979.3711 • Fax: 307.268.8332 • <http://WHF.to>